

INFORMED CONSENT

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Patient: This form is designed to present benefits and risks of the therapies offered in this clinic and *must be signed before* treatment is rendered. Ask the doctor about your questions or concerns. Your treatment may include a combination of the following:

Chiropractic adjustments

We use osseous, drop table, sacro-occipital, and/or Activator techniques to adjust our patients. The goal of Chiropractic adjusting is to restore joint motion and neurological function of specific spinal or extremity motion segments. A proper screening is required and performed during physical examination to ensure that you have no contraindications to adjusting. Although risk is minimal, vascular (risk of stroke) and ligamentous X-ray studies (risk of hypermobility) testing is performed for this purpose. We use different types of adjusting for different individuals and cases. The doctor will discuss which is best for you.

Microcurrent

Microcurrent is a physiological electric modality that increases ATP (energy) production in the cells of your body. In doing so, this increases the tissue's healing rate. In our office, we use specific frequencies to address the different processes that the specific tissues in your body require. Contraindications include: trans-cranial (across the brain), those with pace makers, and pregnant women.

Trigger point therapy, Stretching, Exercise, Massage

When an area of muscle or fascia gets damaged, either by trauma or repetitive stress, local areas of tenderness or nodules may be found that either cause pain or referral to other areas. By using ischemic compression, stretching, and/or strain-counter strain with microcurrent therapy, soft tissue pain generators can be eliminated. Your problem may be caused or exacerbated by poor biomechanics. If this is the case, postural advice and exercises for strengthening may be indicated. The doctor will monitor your progress and modify treatment as necessary.

Supplements and Orthopedic equipment

We can help your body heal itself by mechanical and electrical means. At times, your organ systems and tissues may need nutritional support. Make sure to tell the doctor about any medications that you are currently taking so that drug/supplement interactions are minimized. If external biomechanical support is needed, back braces, cervical support pillows, or orthotics may be options for you.

Imaging and Referrals

Depending on your clinical presentation, we may need MRI, blood work, etc. for more information. We will refer you to the proper imaging center for these. When co-management is necessary, your doctor will refer you to another specialist for a second opinion or alternative therapy (physical therapy, injections, acupuncture, vestibular rehabilitation, etc.)

We have a wonderful referral network. **Your health/well-being is our first concern. Please inform the doctor if your medications change or there is a possibility of pregnancy at any time during your treatment.**

I have had the opportunity to read this form and ask questions. My questions have been answered to my satisfaction. I consent to the proposed treatments.

Signature of Patient or Guardian _____ Date _____